

## Effects of melatonin and superoxide dismutase on free radical formation in the postischemic reperfused heart

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### Abstract:

*Purpose.* Melatonin has been reported to protect against oxygen free radicals. We investigated whether melatonin or superoxide dismutase (SOD) would decrease hydroxyl radical concentration in the postischemic reperfused heart.

*Methods.* An isolated rat heart-lung preparation was used. Eighty-one male Wistar rats were allocated into control (no drug), S1 (SOD 400 U·ml<sup>-1</sup>), S2 (SOD 2000 U·ml<sup>-1</sup>), M1 (melatonin 0.1 µg·ml<sup>-1</sup>), M2 (melatonin 1.0 µg·ml<sup>-1</sup>), M3 (melatonin 10 µg·ml<sup>-1</sup>), SM (SOD 400 U·ml<sup>-1</sup> and melatonin 1.0 µg·ml<sup>-1</sup>) groups. The heart was perfused initially at the cardiac output of 30 ml·min<sup>-1</sup> and the mean arterial pressure of 70 mmHg. Drugs were administered into the reservoir 7 min after the start of perfusion. Ten minutes after the start of perfusion, the heart was rendered globally ischemic for 10 min by reducing the preload and afterload to zero and then reperfused for 10 min. At the end of reperfusion, the heart was freeze-dried for 6 days. The perfusate blood was collected just before and after ischemia and at the end of reperfusion. The formation of hydroxyl radicals in perfusate blood and heart was measured with high-performance liquid chromatography using salicylic acid. Hydroxyl radicals react with salicylic acid, yielding 2,3-, 2,4-, 2,5-, and 3,4-dihydroxybenzoic acid (DHBA).

*Results.* Before and after ischemia, there were no significant differences among the groups in cardiac output, systolic pressure, heart rate, and right atrial pressure. The concentrations of DHBAs in the perfusate blood and heart after ischemia and reperfusion in all groups were significantly higher than those before ischemia. DHBAs in the heart of all drug-administered groups were significantly lower than those in the control group. In the perfusate blood, DHBAs in the S2 group were significantly lower than those in the control group.

*Conclusions.* SOD and melatonin decrease hydroxyl radical concentration in the postischemic reperfused heart.

**Key words:** Free radical, Melatonin, SOD

### Introduction

Oxygen-derived free radicals and their metabolites have been implicated in reperfusion injury following myocardial ischemia [1–4]. These radicals are thought to consist mainly of superoxide anion, hydrogen peroxide, and hydroxyl radical. To reduce cardiac damage from these radicals, there are some free radical scavengers [5,6]. As one of the free radical scavengers, melatonin has been reported to be a very efficient neutralizer of the hydroxyl radical [7–10]. However, little information is available about the effects of melatonin on postischemic reperfused hearts. Therefore, it is interesting to investigate whether melatonin decreases hydroxyl radical concentrations in the postischemic reperfused heart. We employed a sensitive method to detect the hydroxyl radical using high-pressure liquid chromatography with electrochemical detection (LCED) [11,12]. We also determined whether superoxide dismutase (SOD), a well-known free radical scavenger, decreased hydroxyl radical concentrations in the ischemic myocardium.

### Materials and methods

The experiment was performed in accordance with the Guidelines for Animal Experiments of Yamanashi Medical University. The techniques used were identical to those used in an earlier study [13]. Briefly, 81 male Wistar rats were randomly divided into eight groups, as follows: (1) control (C) group, which received no drugs during perfusion; (2) S1 group: SOD concentration in the perfusate was 400 U·ml<sup>-1</sup>; (3) S2 group: SOD concentration in the perfusate was 2000 U·ml<sup>-1</sup>; (4) M1

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group: melatonin concentration in the perfusate was  $0.1\mu\text{g}\cdot\text{ml}^{-1}$ ; (5) M2 group: melatonin concentration in the perfusate was  $1.0\mu\text{g}\cdot\text{ml}^{-1}$ ; (6) M3 group: melatonin concentration in the perfusate was  $10\mu\text{g}\cdot\text{ml}^{-1}$ ; (7) SM group: SOD  $400\text{U}\cdot\text{ml}^{-1}$  and melatonin  $1.0\mu\text{g}\cdot\text{ml}^{-1}$ ; (8) normal heart: normally perfused for 10 min. Melatonin and SOD (bovine;  $3000\text{U}\cdot\text{mg}^{-1}$ ) were obtained from Sigma Aldrich (St. Louis, WI, USA), and Boehringer Mannheim (Mannheim, Germany), respectively. All of these drugs were administered into the reservoir 7 min after the start of perfusion. At the beginning, all rats were anesthetized with sevoflurane only during preparation. Tracheostomy was performed, and intermittent positive-pressure ventilation was adjusted to maintain  $\text{PaCO}_2$  at 30–36 mmHg with a 95%  $\text{O}_2$  + 5%  $\text{CO}_2$  gas mixture. The chest was opened and flooded with ice-cold saline and the heart was arrested. Cannulas were inserted into the aorta and the superior and inferior vena cava. The cannula in the superior vena cava was used to monitor right atrial pressure.

The heart-lung preparation was perfused with a solution (25 ml) containing red blood cells collected from another rat and Krebs Ringer bicarbonate buffer, with 25% hematocrit and pH 7.4. The concentrations (mM) of the buffer constituents were: NaCl 127, KCl 5.1,  $\text{CaCl}_2$  2.2,  $\text{KH}_2\text{PO}_4$  1.3,  $\text{MgSO}_4$  2.6,  $\text{NaHCO}_3$  15, and glucose 5.5. In addition, 1 mM salicylic acid was mixed into the buffer. The perfusate blood was pumped from the aorta, passed through a pneumatic resistance, collected in a reservoir kept at  $37^\circ\text{C}$ , and then returned to the inferior vena cava. Thus, it was recirculated in this model. No other organs except the heart and lung were perfused, cardiac output was determined by the inflow, provided the heart did not fail, and systolic arterial pressure was regulated by the pneumatic resistance.

Heart rate was recorded with a bioelectric amplifier (AB-621G; Nihonkohden, Tokyo, Japan) and cardiac output was measured with an electromagnetic blood flow meter (MFV-1200; Nihonkohden). Arterial pressure and right atrial pressure were measured with transducers (TP101T and LPU-0.1A; Nihonkohden) and carrier amplifiers (AP-621G; Nihonkohden).

After the preparation was completed, the heart was perfused initially with a cardiac output of  $30\text{ml}\cdot\text{min}^{-1}$  and a mean arterial pressure of 70 mmHg by regulating the venous return (inflow) and the pneumatic resistance, respectively. Each drug was administered into the reservoir 7 min after the start of perfusion. Ten minutes after the start of perfusion, all hearts were made globally ischemic for 10 min by clamping the venous return and reducing the pneumatic resistance to zero. Subsequently, the preparations were reperfused for 10 min by regulating the venous return and the pneumatic resistance.

Ten minutes after the start of reperfusion, the hearts were freeze-clamped and freeze-dried for 6 days. The tissue was minced into small pieces and then homogenized in a polytron. An aliquot was extracted with perchloric acid and centrifuged at  $3000g$ . A small amount of perfusate blood was collected from the reservoir just before ischemia, at recovery from ischemia, and 10 min after reperfusion. The perfusate blood was also centrifuged at  $3000g$  and the supernatant was used for the detection of dihydroxybenzoic acids.

#### *Determination of dihydroxybenzoic acids*

Hydroxyl radicals react with salicylic acid yielding 2,3-, 2,4-, 2,5-, and 3,4-dihydroxybenzoic acid (DHBA). The liquid chromatography apparatus consisted of a Shimadzu Model LC-10AD pump and a detector module (C-R4A, Chromatopac, Shimadzu, Tokyo, Japan). The column used was a Shim-Pack, CLC-ODS,  $15\text{cm} \times 4.6\text{mm}$ . The mobile phase was 90% 20 mM sodium dihydrogen phosphate, 1 mM octanesulfonic acid sodium salt, 10 mM sodium sulfate, and 10% acetonitrile at a flow rate of  $0.5\text{ml}\cdot\text{min}^{-1}$ . The mobile phase was kept anaerobic by  $\text{N}_2$  (Degasser, DGU-3A, Shimadzu). The detector was set at a detector voltage of 0.6 V. Preliminary experiments determined these settings to yield maximal detection with minimal interference from other cellular constituents. All samples were measured against external standards of 2,3-, 2,4-, 2,5-, and 3,4-DHBA and salicylic acid.

One milliliter of effluent was treated with 1 ml of 1 M Tris buffer and extracted with 2 ml of methanol on a Vortex mixer for 10 min. Aluminum oxide 50 mg was added to this and the methanol layer was separated. The residue was dissolved in  $200\mu\text{l}$  of 0.2 M perchloric acid, and  $5\mu\text{l}$  of this solution was injected into the LCED unit. These methods were modified as described by Floyd et al. [11,12].

Hemodynamic and metabolic data within groups were analyzed by two-way analysis of variance with repeated measures. The other data were analyzed by one-way analysis of variance followed by the Newman-Keuls test for multiple comparisons. A probability of  $P < 0.05$  was regarded as statistically significant. The data are given as means  $\pm$  standard deviation.

## **Results**

There were no significant differences in cardiac output, heart rate, systolic blood pressure, and right atrial pressure among the groups before ischemia and after reperfusion (Table 1). Table 2 shows the concentrations of 2,3-, 2,4-, 2,5-, and 3,4-DHBA in the heart at the conclusion of reperfusion. The concentrations of 2,3-,

**Table 1.** Hemodynamic changes before and after ischemia

Groups	C (10)	S1 (10)	S2 (10)	M1 (10)	M2 (11)	M3 (10)	SM (11)
<b>Cardiac output (ml·min<sup>-1</sup>)</b>							
5 (min)	30.7 ± 1.5	30.2 ± 0.9	30.1 ± 1.0	30.1 ± 0.9	30.3 ± 0.6	29.8 ± 1.1	30.1 ± 0.9
10	30.0 ± 1.3	30.6 ± 1.1	30.2 ± 1.4	29.8 ± 0.8	30.4 ± 0.5	30.2 ± 1.1	30.3 ± 0.8
R	30.7 ± 0.8	30.4 ± 2.5	32.9 ± 1.8	29.5 ± 0.7	29.0 ± 1.3	28.8 ± 0.8	28.2 ± 1.4
R5	30.9 ± 2.2	30.1 ± 1.4	31.9 ± 2.1	29.4 ± 1.4	29.5 ± 1.4	29.7 ± 1.3	29.6 ± 1.1
R10	30.5 ± 1.8	30.5 ± 1.3	32.3 ± 2.5	29.8 ± 1.1	30.0 ± 1.3	30.1 ± 1.2	30.0 ± 1.0
<b>Heart rate (beats·min<sup>-1</sup>)</b>							
5 (min)	253 ± 37	242 ± 20	234 ± 31	236 ± 29	257 ± 24	251 ± 39	258 ± 33
10	256 ± 35	258 ± 41	252 ± 26	236 ± 28	264 ± 24	268 ± 33	268 ± 33
R	224 ± 51	239 ± 44	251 ± 27	227 ± 29	214 ± 58	231 ± 31	235 ± 20
R5	247 ± 29	249 ± 33	245 ± 14	226 ± 24	264 ± 35	257 ± 21	255 ± 20
R10	259 ± 26	241 ± 20	251 ± 13	233 ± 30	272 ± 31	257 ± 24	259 ± 20
<b>Systolic blood pressure (mmHg)</b>							
5 (min)	111 ± 20	110 ± 17	111 ± 14	102 ± 5	107 ± 9	109 ± 8	100 ± 6
10	107 ± 16	107 ± 8	112 ± 11	100 ± 5	106 ± 6	105 ± 8	101 ± 8
R	130 ± 18	113 ± 12	117 ± 10	112 ± 17	126 ± 24	106 ± 13	99 ± 7
R5	101 ± 7	98 ± 7	101 ± 12	96 ± 6	98 ± 4	97 ± 5	95 ± 4
R10	106 ± 12	107 ± 11	106 ± 13	99 ± 7	100 ± 5	99 ± 7	98 ± 5
<b>Right atrial pressure (mmH<sub>2</sub>O)</b>							
5 (min)	54 ± 12	54 ± 12	57 ± 11	54 ± 7	52 ± 10	57 ± 13	51 ± 8
10	52 ± 13	51 ± 12	54 ± 10	52 ± 7	50 ± 10	55 ± 14	49 ± 5
R	61 ± 18	51 ± 14	55 ± 9	54 ± 7	57 ± 11	59 ± 12	62 ± 11
R5	59 ± 16	54 ± 13	54 ± 11	53 ± 8	51 ± 9	56 ± 13	56 ± 9
R10	53 ± 12	51 ± 11	51 ± 9	52 ± 8	49 ± 9	54 ± 12	52 ± 9

Time: after the start of perfusion. R: at recovery time; R5: 5 min after reperfusion; R10: 10 min after reperfusion. Values are means ± SD. Numbers are in parentheses.

1. C: Control group. 2. S1 group: SOD concentration in perfusate was 400 U·ml<sup>-1</sup>. 3. S2 group: SOD concentration in perfusate was 2000 U·ml<sup>-1</sup>. 4. M1 group: melatonin concentration in perfusate was 0.1 µg·ml<sup>-1</sup>. 5. M2 group: melatonin concentration in perfusate was 1.0 µg·ml<sup>-1</sup>. 6. M3 group: melatonin concentration in perfusate was 10 µg·ml<sup>-1</sup>. 7. SM group: SOD 400 U·ml<sup>-1</sup> and melatonin 1.0 µg·ml<sup>-1</sup>.

**Table 2.** Concentrations of 2,3-DHBA, 2,4-DHBA, 2,5-DHBA, and 3,4-DHBA in the heart

µmol·g <sup>-1</sup>	2,3-DHBA	2,4-DHBA	2,5-DHBA	3,4-DHBA
Normal heart (9)	117 ± 24	28.6 ± 6.9	27.4 ± 8.1	2.98 ± 0.69
C (10)	209 ± 27*	58.7 ± 15.9*	44.6 ± 15.0*	4.84 ± 0.86*
S1 (10)	176 ± 28*†	48.1 ± 13.3*†	35.6 ± 11.5	3.56 ± 1.19†
S2 (10)	114 ± 29†	26.8 ± 6.9†	16.8 ± 4.3*†	2.15 ± 0.88†
M1 (10)	160 ± 37*†	40.7 ± 12.3*†	39.8 ± 11.1*	3.61 ± 1.30†
M2 (11)	148 ± 31*†	35.6 ± 8.6†	34.1 ± 7.2†	3.00 ± 1.03†
M3 (10)	151 ± 18*†	38.7 ± 5.6*†	44.7 ± 10.4*	3.86 ± 1.48
SM (11)	161 ± 17*†	43.0 ± 11.8*†	48.0 ± 10.0*	3.31 ± 1.15†

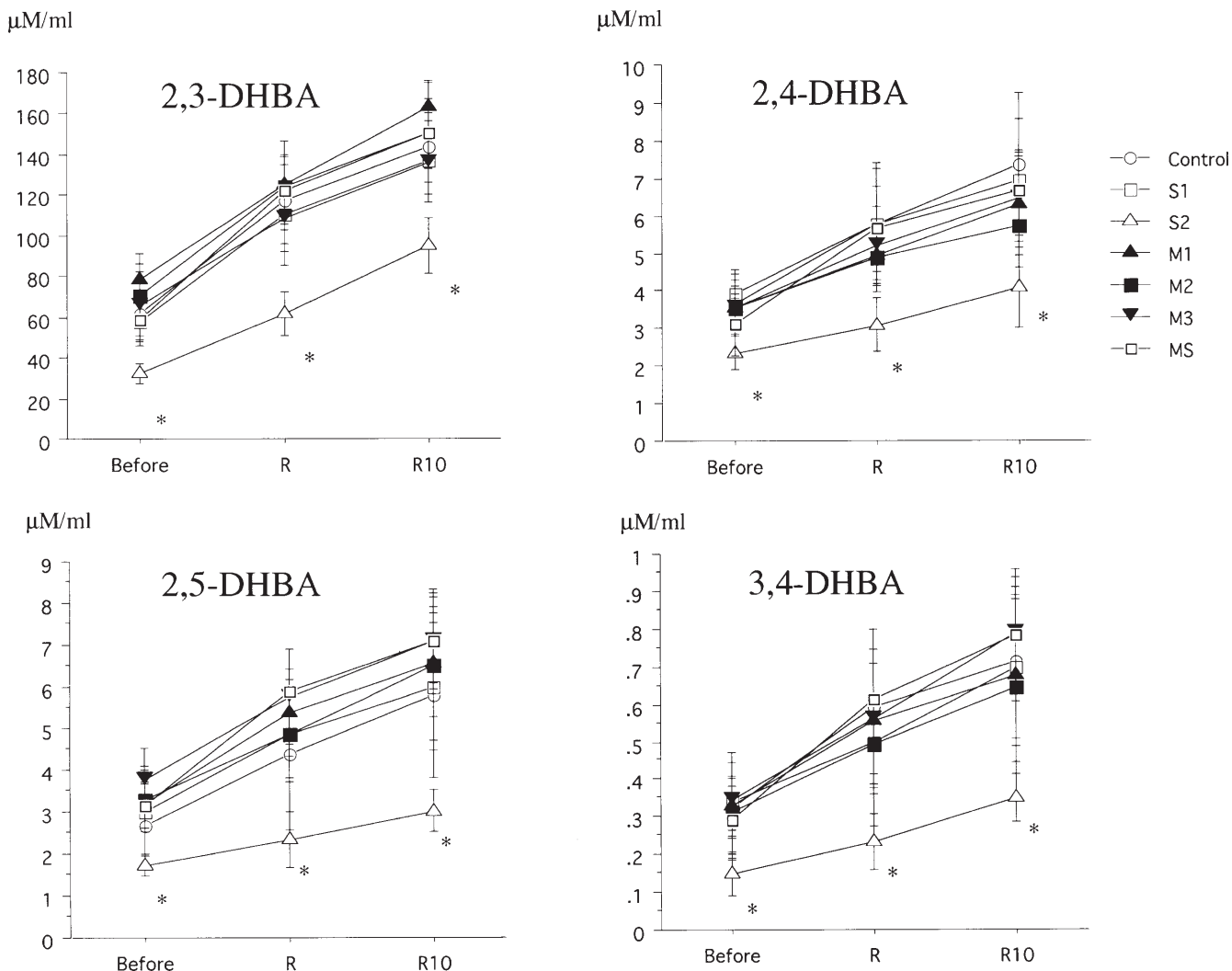
\**P* < 0.05 vs. normal heart.

†*P* < 0.05 vs. C group. Values are means ± SD. Numbers are in parentheses.

1. C: Control group. 2. S1 group: SOD concentration in perfusate was 400 U·ml<sup>-1</sup>. 3. S2 group: SOD concentration in perfusate was 2000 U·ml<sup>-1</sup>. 4. M1 group: melatonin concentration in perfusate was 0.1 µg·ml<sup>-1</sup>. 5. M2 group: melatonin concentration in perfusate was 1.0 µg·ml<sup>-1</sup>. 6. M3 group: melatonin concentration in perfusate was 10 µg·ml<sup>-1</sup>. 7. SM group: SOD 400 U·ml<sup>-1</sup> and melatonin 1.0 µg·ml<sup>-1</sup>. 8. Normal heart: normally perfused for 10 min.

2,4-, 2,5-, and 3,4-DHBA in group C were significantly higher than those in the nonischemic hearts, which were normally perfused for 10 min. In addition, the concentrations of 2,3-, 2,4-, and 3,4-DHBA in all groups administered drugs were significantly lower than those in

group C. Moreover, the DHBA levels of group S2 were almost same as or even lower than those of normal heart. As the perfusate blood was recirculated in this preparation, the concentrations of 2,3-, 2,4-, 2,5-, and 3,4-DHBA in the perfusate blood after ischemia and



**Fig. 1.** 2,3-DHBA, 2,4-DHBA, 2,5-DHBA, and 3,4-DHBA levels in the perfusate blood. *Before*: just before ischemia; *R*: at time of recovery from ischemia; *R10*: 10 min after reperfusion. 1. C: Control group. 2. S1 group: SOD concentration in perfusate was  $400\text{U}\cdot\text{ml}^{-1}$ . 3. S2 group: SOD concentration in perfusate was  $2000\text{U}\cdot\text{ml}^{-1}$ . 4. M1 group: melatonin

concentration in perfusate was  $0.1\mu\text{g}\cdot\text{ml}^{-1}$ . 5. M2 group: melatonin concentration in perfusate was  $1.0\mu\text{g}\cdot\text{ml}^{-1}$ . 6. M3 group: melatonin concentration in perfusate was  $10\mu\text{g}\cdot\text{ml}^{-1}$ . 7. SM group: SOD  $400\text{U}\cdot\text{ml}^{-1}$  and melatonin  $1.0\mu\text{g}\cdot\text{ml}^{-1}$ . \* $P < 0.05$  vs. control group

reperfusion in all groups gradually increased following ischemia. Here, DHBA levels in the perfusate blood of group S2 were significantly lower than those in group C (Fig. 1).

## Discussion

Although oxygen free radicals are chemical species generated in normal cells, they are normally equipped with endogenous scavenging systems. However, large amounts of oxygen free radicals generated during reperfusion of postischemic tissues can overwhelm cellular defenses and induce tissue damage [1–4]. The hy-

droxyl radical is highly reactive and one of the most damaging species. The measurement of free radical formation is important to understand their role in the pathogenesis of postischemic reperfusion injury. Although the existence of free radicals has been demonstrated with electron spin resonance spectroscopy, this technique requires expensive equipment. Floyd et al. [11,12] have shown that hydroxyl radicals react with salicylic acids, producing DHBAs, especially 2,3-DHBA. These reaction products can be detected by LCED. In this study, we modified Floyd's method and measured the concentrations of 2,3-, 2,4-, 2,5-, and 3,4-DHBA. In the present study, ischemia and reperfusion enhanced the production of DHBA in the

heart, because DHBA concentrations in postischemic reperfused hearts were significantly higher than those in normally perfused hearts. DHBAs were also detected in the perfusate blood before ischemia and increased after ischemia and reperfusion. This may imply that the production of hydroxyl radicals always occurs in this preparation under high oxygen pressure, even before ischemia. Freeman and Crapo [14] suggested that hyperoxia increased the pulmonary production of oxygen radicals and that the mitochondria contributed significantly to this phenomenon.

The hormone melatonin participates in many important physiological functions, including the control of seasonal reproduction, as well as influencing the immune system [15]. Recently, melatonin was shown to be a very efficient scavenger of the hydroxyl radical [7–10]. The results of our study indicated that all three doses of melatonin decreased hydroxyl radical concentrations in the postischemic reperfused heart, though it could not decrease hydroxyl radical concentrations in the perfusate blood. In addition, this reducing effect was not dose-dependent. Since the human melatonin level is less than  $100 \text{ pg}\cdot\text{ml}^{-1}$  [16], even the lowest dose ( $0.1 \text{ }\mu\text{g}\cdot\text{ml}^{-1}$ ) may be nonphysiological and may have had maximum effects on the hearts. We did not measure DHBA levels in the heart before ischemia. Therefore, there is a possibility that SOD and melatonin decreased hydroxyl radical concentrations before ischemia, although the production of hydroxyl radical may mainly occur during the reperfusion period.

Reiter et al. [10] have suggested that melatonin is remarkably potent in protecting against free radical damage induced by a variety of means. For example, melatonin is more effective than glutathione in neutralizing the hydroxyl radical [17] and more effective than vitamin E in inactivating the peroxy radical [18]. Besides these direct actions of melatonin, it stimulates glutathione peroxidase activity [19] and inhibits nitric oxide synthase [20]. Glutathione peroxidase is an important antioxidative enzyme, and melatonin decreases the formation of the free radical nitric oxide by inhibiting nitric oxide synthase. Therefore, melatonin either decreases the generation of free radicals or neutralizes them. We do not know why melatonin could not decrease the hydroxyl radical in the perfusate blood. It is likely that a higher dose of SOD ( $2000 \text{ U}\cdot\text{ml}^{-1}$ ) could reduce hydroxyl radical concentrations by decreasing superoxide, but the effect of melatonin would be weaker than that of SOD.

There were no significant differences in cardiac output, heart rate, systolic blood pressure, and right atrial pressure among the groups before ischemia and after reperfusion. Melatonin exerts its hemodynamic effects by decreasing serotonin release, resulting in sympathetic inhibition or parasympathetic stimulation, which

leads to hypotension and bradycardia in rats [21]. Since our preparation is free from neural influences and the peripheral circulatory resistance is constant, the hemodynamic effects of melatonin might be difficult to detect in our model.

A higher dose of SOD ( $2000 \text{ U}\cdot\text{ml}^{-1}$ ) decreased hydroxyl radical concentrations in both the perfusate blood and the heart. However, a lower dose of SOD ( $400 \text{ U}\cdot\text{ml}^{-1}$ ) decreased it only in the heart. This reducing effect seems to be dose-dependent. SOD dismutates superoxide radical to hydrogen peroxide, which, in the presence of iron, produces hydroxyl radical via the Fenton reaction. Therefore, in spite of the fact that SOD decreases ischemia-reperfusion injury [22–24], some reports have demonstrated a virtual lack of any protective effect of SOD alone [5,25,26]. However, SOD combined with catalase has been reported to be very effective against oxygen toxicity [27] and reperfusion injury [28,29]. In this study, although we did not administer catalase, SOD alone decreased hydroxyl radical concentrations in the reperfused heart. In addition, the combination of SOD  $400 \text{ U}\cdot\text{ml}^{-1}$  and melatonin  $1.0 \text{ }\mu\text{g}\cdot\text{ml}^{-1}$  decreased hydroxyl radical concentrations in the heart but not in the perfusate blood. This implies that a synergistic effect between SOD and melatonin was not seen.

In summary, SOD and melatonin decreased hydroxyl radical concentrations in the postischemic reperfused heart. Although it may be inappropriate to apply the results of this study in animals directly to humans, further studies are necessary to elucidate the efficacy of melatonin during anesthesia of patients with ischemic heart disease or undergoing cardiopulmonary bypass surgery.

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